

# THE FIRST 16 PRINCIPLES of a Christian.

*Questions and Answers upon the  
Creed, the ten Commandments,  
the Sacraments, and the Lords Prayer,  
for the further opening of the  
ordinary Catechisme.*

*Very fit to be learned of all Children.*

Published by WILLIAM HILL, Doctor  
in Divinitie, chiefly for the benefit of  
the people of his owne  
Charge.

PAGV. 33.6.

*Teach a Child the trade of his way, and when  
he is old he shall not depart from it.*

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The twelfth Edition.

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LONDON,  
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1633.

THE FIRST

PRINTING

of a Christian

and his duties  
to God, the world, and himself  
in the most plain and easy manner  
possible for the understanding of the  
poor

by William Hall, Minister of the Gospel  
at St. Dunstons Church, in the City of London  
the year 1633

Printed by I. I. at the Sign of the Gun  
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**To all faithfull Pastors, my  
Fellow-labourers in the Worke  
of the LORD.**

**I**T may perhaps seeme strange vnto you, beloued Brethren, that I should put forth these first Principles of a Christian, after so many and so excellent Catechismes, in theyr vse so profitable, already put forth: But let this serue for answer, that none as yet haue expounded the ordinary Catechisme that euer I did see.

And againe, that I doe find this most profitable, for the people of mine owne charge; and if it may be beneficiall vnto others also, I haue my desire. Now mine exhortation vnto you all, is, that you would be most diligent & faithfull, as in generall, to take heed vnto the whole flocke ouer which the holy Ghost hath made you *ouerscers*, so more specially to Chatechize the younger sort, let them haue the sincere milke of the Word, that they may grow thereby: they are *Messis in herba*, the hope of our hauielt hereafter: Remember that our Sauiour doth charge vs all, not only to feed *his* *Sheepe*, the elder sort, but he doth also ioyne

To all faithfull Pastors.

ioyne vs in the first place, and vpon our loue  
to feede *et aq̃ia* his *Lambes*: the one must  
haue strong meat that they faint not: the o-  
ther must haue the *sincere milke of the Word*,  
*that they may become strong men in Christ*: Re-  
member that if thou teach a young man the trade  
of his way, When he is old he shall not depart from  
it: If you season his mind with Grace in child-  
hood, his heart shall be established with grace  
in manhood: *Ad eo a teneris assuescere magnū  
est*: On the other side, the neglect of this Ca-  
rechising our youth, and seasoning their ten-  
der hearts with the true knowledge of God,  
*is nostri fundi calamitas*: we see by miserable  
experience the want thereof: how many of  
our young men, to the great disgrace of the  
Gospel, are riotous Swaggerers, horrible  
Blasphemers, filthy Drunkards, and a great  
deale more? the blood of whose perishing  
soules doe cry vnto God against negligent and  
idle Pastors, which onely feed themselves. It  
is true, that our incouragements vpon earth are  
small; yet here is our comfort, that if we bee  
faithfull and diligent, and doe the worke of  
the Lord with all our strength, wee shall then  
make our account with ioy: and when the  
Chiefe Shepheard of the Flocke shall appeare,  
wee shall receiue an incorruptible Crowne of  
Glory: Yea, when other righteous men shall  
only



*To all faithfull Pasters.*

onely shine like the firmament, wee shall shine  
like the Stars in the firmament for evermore :  
Which G o d the righteous Iudge grant for  
his Sonnes sake, *Amen.*

*Your brother and fellow laborer,*

W. H.



*The Authors Epistle.*

**To all Christian Parents and Fa-  
thers of Families; chiefly to  
those of his owne  
charge.**

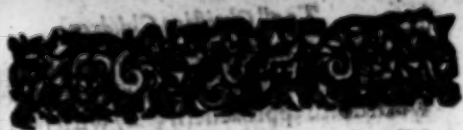
**I** Have imprinted this short sum of the  
Principles of Christian Religion, for  
the good of your selues, and your Fa-  
milies. Mine Exhortation therefore  
unto you is ; first, to learne these things your  
selues, then to teach your children at home ;  
thirdly, to see them present in publike assemblies  
of the Church, there to be taught also. So shall  
you discharge, a great dutie which you doe owe  
unto your God, and also unto your Families  
For doth not the Lord say, These words which  
I commaund thee this day, shall bee in thine  
heart

**To all Christian Parents.**

heart, and thou shalt rehearse them continually vnto thy children: Your God requireth it, you must performe it, O that you would learne the resolution of Ioshua. Let others doe as they will, but I and mine household will serue the Lord: and let all Matrons say with Ester, I and my Maids will doe the like: And indeed it cannot bee, if your selues bee truly conuerted vnto God, but that both out of your zeale vnto his glory, and loue vnto your children, you must needs labour to make them Profelytes vnto be- men. For as our Saviour saith of Zacheus Con- uersion, This day is saluation come vnto this house, yet there was none conuerted but Zacheus only: But Christ spake of that which must needs follow, that all the rest of that Family hauing so effectuall meanes of Grace, must needs be conuer- ted: And therefore I say vnto you as our Saviour did vnto Peter, When thou art conuerted, strengthen thy Brother: and so you being made true Profelytes vnto Christ, endeauour by al meanes to make all your children and family to be euen as you are. The Lord make you all heere faithfull, so shall you haue a blessing of all earthly blessings the greatest, euen a blessing in your post- rity, which the Lord grant for his Christs sake, Amen.

Yours in the Lord Iesus Christ.

W. H.



The Authors Epistle.

To all Christian Children,  
especially to them of his owne  
charge.

**T**Hese first Principles of Christianitie  
(deare Children) doe I offer vnto you  
for the good of your soules; and  
what is my desire herein, but that  
you should consecrate the first fruits of your  
age and strength, in service vnto Christ?  
Why should Satan seize vpon your soules in  
childhood? Why should the world allure  
your tender hearts vnto vanity? Remember  
that yee were baptized in Infancie, to signifie  
that euen then you were dedicated vnto Christ.  
Endeanour therefore, to learne to know the  
Principles of that religion into the which you  
are baptized, and so grow euery day in Grace,  
and in the knowledge of the Mysterie of  
Godlinesse, that so you may bee as Timothy  
was, who knew the Scriptures from his  
Childhood, who after so grew vp, that he was  
ioyned

**To all Christian Children.**

joynd as an assistant with S<sup>r</sup>. Paul that great  
Apostle, in his labour: so shall you in old age  
when death approacheth, say with holy Pe-  
LICARPVS, *This fourescore and sixe yeares*  
*haue I serued Christ*, that was from his Infancy  
so shall you all your life long inioy much peace  
in your soules, euen that peace which is a  
continall Feast, & passeth all vnderstanding.

The Lord season your tender hearts with  
his grace euery day more and  
more, for his Sonnes sake  
**Christ Iesus,**

*Amen.*

**Yours in the Lord Iesus,**

**W. H.**

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**Questions and Answers vpon**  
**on the Creed, the Tenne Commande-**  
**ments, the Sacraments, and the**  
**Lords Prayer, for the further**  
**opening of the ordinary**  
**Catechisme.**

*Question. 1.*



Y what meanes art thou re-  
ceiued into the Church of  
God?

Ans. Outwardly by Bap-  
tisme, Act. 2. 41. but inward-  
ly by faith in Christ. Ro. 5. 2.

2. *Quest.* What benefits  
receiued you by Baptisme?

Ans. Thre: first, I was made a Mem-  
ber of Christ, 1 Cor. 6. 13.

Secondly, I was adopted the Child of God,  
Rom. 9. 26. Gal. 4. 5.

Thirdly, I was made the heire of the King-  
dome of Glory, Rom. 8. 17.

3. *Quest.* Seeing by Baptisme thou art re-  
ceiued into the Church of Christ, what vse is  
there

## The first Principles

there of Godfathers and Godmothers therein.

Ans. First, they did present me to the Church in stead of my Parents, Luk. 2. 32.

Secondly, they made Confession of that Faith, into the which I was to be baptized.

Thirdly; they promised and vowed on my behalfe, what on my part was to be performed.

4. *Quest.* What did they promise on your behalfe?

Ans. They promised three things: First, that I should forsake the three Capitall Enemies of my Salvation, the World, the flesh and the Devil, 1. Ioh. 2. 14. 15.

Secondly, that I should believe all the Articles of the Christian Faith. Act. 16. 31.

Thirdly, that I should keepe all Gods Commandements all the dayes of my life, Deut. 6. 2.

5. *Quest.* Dost thou thinke that thou art bound to performe these things promised?

Ans. Yes verily, in regard of the Covenant which I haue made with God, Hosea, 2. 33.

6. *Quest.* Art thou able to performe all these things?

Ans. Not of my selfe but in some measure I am enabled thereunto by Gods grace, Philip. 4. 13.

7. *Quest.* Your Godfathers and Godmothers promising

of a Christian.

promising that you should forsake the three capitall enemies of your saluation; what is vnderstood by the first of them; the World?

Ans. I doe vnderstand all outward and earthly things, as euill Company, Riches, Honour, Pleasure, and such like, as they are meanes to draw mee from God, 1. Iohn 2. 15. and 5. 19.

8. *Quest.* What is meant by the Flesh?

Ans. By the flesh I meane our corrupt nature inclined to euill, vncleane lusts, euill desires, whereby our will is often deperaned and peruerbed, Rom. 7. 18. Gal. 5. 17.

9. *Quest.* What meane you by the Deuill?

Ans. I meane all those spirits of Apostacy, euer at hand to suggest euill motions into mine heart, Ioh. 13. 2.

10. *Quest.* Your Godfathers and Godmothers farther promising on your behalfe both Faith and Works; what is to be knowne concerning these?

Ans. We are to know: First, the nature of them, together with the things to be belieued and done. Secondly, how wee may grow and increase in them.

11. *Quest.* You being then bound to belicene; what is Faith?

Ans. Faith is a grace giuen of God to assure vs of his mercy and loue vnto vs in Christ,

## The first Principles

Christ, Rom. 8. 38. revealed to my minde by the Holy Ghost, Gal. 4. 6. through the Ministerie of the Word, Ioh. 17. 20. Rom. 10. 17.

12. *Quest.* What are these things which we are to beleeue vnto saluation?

Ans. We must beleeue all those fundamentall points laid downe vnto vs in the Word, Ioh. 20. 31. the sum whereof is expressed in the Creed, commonly called the Apostles Creed.

13. *Quest.* Rehearse the Creed.

Ans. I beleeue in G O D the Father Almighty, Maker of Heauen and Earth: In Iesus Christ his onely Sonne our Lord, which was conceived by the holy Ghost, borne of the Virgin Mary, suffered vnder Pontius Pilate, was crucified, dead and buried: he descended into Hell: The third day he arose againe from the dead: He ascended into Heauen, and sitteth on the right hand of God the Father Almighty: From thence he shall come to iudge the quicke and the dead. I beleeue in the Holy Ghost: the holy Catholike Church: The communion of Saints: The forgiveness of sinnes: The Resurrection of the body; And the life everlasting, Amen.

14. *Quest.* Into how many parts is this Creed diuided?

Ans. Into foure parts, containing twelue Articles: In the first whereof, I am taught to



## of a Christian.

I beleene in God the Father, who hath made  
and all Creatures, in the first Article.

In the second part, I am taught to beleene  
in God the Son, who hath redeemed me and  
mankind, in the six next Articles.

In the third part, I am taught to beleene  
in God the Holy Ghost, who hath sanctified  
and all the Elect, in the eight Article.

In the fourth part, I am taught to beleene  
concerning the Church, as is layd downe in  
the foure last Articles.

15. *Quest.* What dost thou learne to beleene  
in the first Article? *I beleene in God the Father  
Almighty maker of heauen and earth.*

*Ans.* I learne to beleene foure things.

first, that there is a God, Isa. 45. 21. 22.

Secondly, that this God is but one, 1 Cor.  
8. 6. 1 Tim. 2. 5.

Thirdly, that this one God is distingui-  
shed into three Persons, Father, Sonne, and  
Holy Ghost. 1 Ioh. 5. 7.

Fourthly, that this one God is Almighty  
declared so to be, first, by creating all things,  
Gen. 1. 1.

Secondly, by upholding all things created  
by his continuall Providence, Psal. 145. 19.  
16. Acts 17. 28.

16. *Quest.* This thou beleeneest, but what  
comfort stealest thou thereby vnto thy selfe?

*Ans.*

## The first Principles

Ans. First, I doe beleue that God is my Father, and that I am his childe: Ioh. 1. 12. Gal. 3. 26,

Secondly, that he being Almighty and his Child, he will giue me all things needfull Psal. 34. 10. and preserve me from all dangers vnto saluation. 2. Tim. 4. 18.

17. *Quest.* Touching the second Article why is the Sonne of God called Iesus?

Ans. Because he saueth vs from all our sinnes, Math. 1. 21. neither is there Saluation in any other, Acts, 4. 12.

18. *Quest.* Wherefore is he called Christ

Ans. In regard of his Offices wherein he was ordained by God the Father, Ioh. 6. 27. & annointed by the holy Ghost, Mat. 3. 16.

19. *Quest.* Which are the Offices of Christ

Ans. First his Office Propheticall, to instruct vs in all things, Deut. 18. 15. Isay 61. 1.

Secondly, his Priestly Office, to redeme vs, Heb. 7. 21. Heb. 9. 11. and to pray for vs Rom. 8. 34.

Thirdly, his Kingly Office, to raigne ouer vs by his Spirit & Word, Luk. 1. 33. Act. 1. 16.

20. *Q.* Why is he called the onely begotten Son of God, since we also are the sons of God

Ans. For that he only is the Son of God by Nature and Generation. Ioh. 1. 14. but we are the sons of God by Grace and Adoption Rom. 8. 15. Gal. 4. 5.

21. *Quest.*

21. Christ is

Ans.

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22. Lord

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## of a Christian.

21. *Quest.* What doe you learne that Iesus Christ is the Sonne of God by Nature?

*Ans.* I learne unto my comfort that he was very God, Ioh. 1. 14. and that therfore what heuer was perfozmed and suffered by him, was infinitely meritorious for our saluation, Act. 20. 28. 2 Cor. 5. 19. Col. 1. 19.

22. *Quest.* Wherefore is Iesus Christ called our Lord?

*Ans.* Because hauing redeemed our soules from sinne and Satan, he doth challenge vs as his owne, to do him service, Rom. 1. 8. 9. 1 Cor. 6. 19.

23. *Quest.* What doe you learne out of the third Article? *Conceined by the Holy Ghost, borne of the Virgin Mary.*

*Ans.* I learne first by his birth, that he was Man, that so he might suffer for my sin, Heb. 2. 14. 15.

Secondly, by the manner of his conception by the holy Ghost and birth of a Virgin, that he was without all manner of sinne, and so the Sacrifice of himselfe being most pure, it was precious for our Redemption, 1 Pet. 1. 19.

24. *Q.* What learne you out of the fourth Article, *he suffered vnder Pontius Pilate, was crucified dead and buried, he descended into hell?*

*Ans.* I learne that vpon the Crosse he suffered both in his body and soule, Isa. 53. 5. and that

## The first Principles

that by his Passion, as by an all-sufficient Sacrifice, Heb. 10. 14. he hath freed my body and soule, from eternall damnation. 1 The. 5. 9. Heb. 2. 14. 15.

25. *Quest.* Why suffered he rather vpon the Crosse, then by other kinde of death?

Ans. First, because that kind of death was most shamefull

Secondly, it was most painfull.

Thirdly, thereby he tooke vpon him the curse, Deut. 21. 23. to free us from the curse of the Law, Gal. 3. 13.

26. *Quest.* Seeing Christ hath thus dyed for vs, why yet must all Gods Saints dye?

Ans. Not as a satisfaction or penalty for sinne, but for two especiall benefits: First, so that sinne thereby is abolished in my nature, Rom. 6. 7.

Secondly, death is made an entrance for our soules, into life eternall, Phil. 1. 23.

27. *Quest.* What learne you by his descention into hell?

Ans. I learne that hee was extremely humbled to the lowest step of dishonour, that so we all might bee exalted to an high degree of Glorie, Phil. 2. 8. 9.

28. *Quest.* Touching the fift Article, what profit haue we by his Resurrection?

Ans. First, hereby I learne, that he hath toucht

of a Christian.

truely conquered Death and Hell, and hath obtained life and saluation for vs, 1 Cor. 15. 20. 1 Pet. 1. 3. 4.

Secondly, I am thereby inabled to rise from sinne, and am stirred vp to newnesse of life, Rom. 6. 4. Col. 3. 1.

Thirdly, thereby I am secured of the raising of my body, 1 Cor. 15. 20.

29. *Quest.* What learne you by the fixt Article? *He ascended into Heauen, and sitteth at the right hand of God the Father?*

Ans. First, thereby he hath taken possession of Heauen for vs, securing vs, that we shall ascend thither after him, Ioh. 14. 3. Ephes. 2. 6.

Secondly, we haue the benefit of intercession, that he prayeth for vs, and pleadeth our cause, Rom. 8. 34. Heb. 9. 24.

Thirdly, by that meanes he hath sent vnto vs the Holy Ghost, to bee a teacher and comforter in his place, Ioh. 16. 7.

30. *Quest.* What learne you by his sitting at the right hand of God?

Ans. First, that all power is given vnto him both in heauen and earth. Math. 28. 18.

Secondly, that by his power he will save his Church, and destroy his Enemies, Psal. 124. Ephes. 4. 8.

31. *Quest.* What learne you out of the seventh

## The first Principles

uenth Article? *From thence hee shall come to iudge the quicke and the dead.*

Ans. Exceeding great comfort, for that hee which is our Saviour shall be our Judge, Act. 17. 31.

Secondly, at that time he will receive vs and all his elect into glory, Mar. 25. 34.

Thirdly, by that meanes hee shall destroy all his Enemies, which are also our enemies, 2 Thes. 1. 6. 7. 8.

32. *Quest.* What learne you out of the third part of the Creed, in the eight Article? *I beleue in the holy Ghost.*

Ans. First, I learne that the Holy Ghost is God coequall and coeternall to the Father, Acts 5. 3. 4.

Secondly, that the Holy Ghost is giuen vnto vs to teach vs, to comfort vs, and to sanctifie vs, Ioh. 14. 16, Ioh. 16. 13. Rom. 8. 14.

33. *Quest.* What learne you out of the ninth Article? *The Holy Catholike Church, the Communion of Saints.*

Ans. First, I learne that God hath a Church vpon earth vniuersall in regard of persons, times and places, Math. 28. 19. Acts 10. 24.

Secondly, that the same consisting of Gods Elect, is sanctified by Christ, Ephes. 5. 26. 27.

*Epistol.*

of a Christian?

Thirdly, I am a lively Member of the true Church, 1 Cor. 6. 15. Ephes. 2. 21.

Fourthly, that therein there is a fellowship of all Gods Elect; communicating in all the gifts of grace; 1 Corinth. 12. 12, 13. 1 John 1. 3.

34. *Quest.* What learne you out of the tenth Article? *The forgiveness of sinnes.*

Ans. First, I learne to beleue that all my sinnes are freely forgiven in Christ, Romans 8. 1. Ephes. 1. 7.

Secondly, that being so freely forgiven, they shall neuer be layed to my charge, Eay 1. 18.

35. *Quest.* What learne you out of the eleventh and twelfth Articles? *The resurrection of the body and life everlasting.*

Ans. I doe learne three things most comfortable: First, that all men shall be raised againe at the last day, Apoc. 20. 13.

Secondly, that our bodies shall arise glorious bodies, 1. Cor. 15. 42. Phil. 3. 21.

Thirdly, that wee all in body and soules united shall liue with Christ for ever in his Kingdome, Ioh. 14. 2. 1 Thes. 4. 17.

36. *Quest.* What profit dost thou get by beleueing all things?

Ans. First, by this meanes I am iustified before God even by faith alone in Christ,

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Acts 13.39. Phil. 3.9.

Secondly, by Faith, I shall overcome the enemies of my saluation, 1 Ioh. 5.4.

Thirdly, being iustified, and overcoming, I shall inherit eternall life, Rom. 8.30. Tit. 3.7.

37. *Quest.* Why art thou iustified by Faith alone?

Ans. Not because my faith is perfect, and deserueth at Gods hands, 1 Cor. 13.9. but because the obedience and righteousness of Christ is made mine in the sight of God, 1 Cor. 1.3. of the which I can no other way be partaker but by faith, Rom. 4.22.24.

38. *Quest.* Why cannot good workes iustifie vs in the sight of God?

Ans. Because that righteousness which shall stand in the iudgement of God must be most perfect, Deuts. 27.26. but our best workes are imperfect and defiled with sinne, Psal. 143.2. Isay 64.6.

39. *Quest.* But good workes are the third thing to which wee are bound by the promise of our Godfathers and Godmothers: wherefor then must we doe good workes?

Ans. For many great causes: First, in regard of God.

Secondly, in regard of our selues.

Thirdly, in regard of Gods Children.

Fourthly,



## of a Christian.

Fourthly, in regard of the Enemies of our Christian Profession.

40. *Quest.* Why must we doe good workes in regard of God?

Ans. First, because it is service required of him: and due unto him, Luke 1. 74. Luke, 19. 13.

Secondly, in regard of thankesfulnesse unto him. Psal. 116. 13.

Thirdly, because by that meanes others may be moued to glorifie God, Mat. 5. 16.

41. *Quest.* Why are we to doe good workes in regard of our selues.

Ans. First, thereby to make our election sure unto our selues, 2 Pet. 1. 10.

Secondly, because they are the way to glorie, Mat. 7. 14.

Thirdly, in regard of the Reward, and difference thereof, 1 Cor. 15. 41. 2 Cor. 9. 6.

42. *Quest.* Why must we doe good workes in regard of Gods Children?

Ans. First, that they may reape the fruit thereof unto theyr good in the workes of mercie, Philem. 1. 20.

Secondly, that by our example they may be stirred vp to doe good, Tit. 2. 7.

43. *Quest.* Why in regard of the Enemies of our profession?

Ans. To stop the mouthes of all blasphemous

## The first Principles

uous Adversaries, 1 Pet. 2. 15. 1 Pet. 3. 16,

44. *Quest.* How many things are requisite in our workes to make them good?

Ans. Three: First, that they be commended in the Law of God, 1 Sam. 15. 22. Ephes. 2. 10.

Secondly, that they flowe from a true Faith, Rom. 14. 23. Heb. 11. 6.

Thirdly, that they be done to Gods Glorie, 1 Cor. 10. 31. 1 Pet. 4. 11.

45. *Quest.* It being requisite to the making of our workes good, that they be commended in Gods Law, What meane you by the Law of God?

Ans. I meane the Morall Law, contained in the ten Commandements.

46. *Quest.* Rehearse the Commandements?

Ans. G D D spake these words, and said, I am the Lord thy G D D which have brought thee out of the Land of Egypt, out of the house of Bondage.

1 Thou shalt have none other Gods but me.

2 Thou shalt not make to thy selfe any graven Image, nor the likenesse of any thing that is in Heauen above, or in the earth beneath, or in the water vnder the earth: Thou shalt not bowe downe to them, nor worship them. For I the Lord thy God am a jealous God, and visite the sinnes of the Fathers vpon

of a Christian.

the Childezen, vnto the third and fourth generation of thom that hate me, and shew mercy vnto thousands in them that loue mee and kepe my Commandements.

3 Thou shalt not take the Name of the Lord thy God in vaine : for the Lord will not hold him guiltlesse that taketh his name in vaine.

4 Remember that thou keep holy the Sabbath day : Sixe dayes shalt thou labour and doe all that thou hast to doe : But the seuenth day is the Sabbath of the Lord thy God. In it thou shalt doe no manner of worke, thou and thy Sonne, and thy Daughter, thy Man-servant, and thy Maidservant, thy Cattell, and the Stranger that is within thy Gates. for in sixe dayes the Lord made heauen and earth, the sea, and all that in them is, and rested the seuenth day. Wherefore the Lord blessed the seuenth day, and hallowed it.

5 Honour thy Father and thy Mother, that thy dayes may be long in the land which the Lord thy God hath ginen thee.

6 Thou shalt not murder.

7 Thou shalt not commit adultery.

8 Thou shalt not steale.

9 Thou shalt not beare false witnesse against thy Neighbour.

10 Thou shalt not couet by Neighbours

## The first Principles

house, thou shalt not covet thy Neighbours Wife nor his Servant, nor his Maid, nor his ore, nor his asse, nor anything that is his.

47. *Quest.* What is meant by that preface before the Commandements, God spake these words and said, I am the Lord thy God which brought thee out of the Land of Egypt, out of the house of bondage?

Ans. It doth containe foure Arguments most forcible to perswade vs to obedience.

First, in that it is said, GOD spake these words, I learne that God is the Authoz of them, Ezek. 20. 11.

Second'y, in that it is said, I am the Lord, I learne that he hath authoritie to command, and power to punish the breakers of his Law, Mat. 10. 28.

Thirdly, in that it is said, Thy GOD, I learne that we must obey in regard of the Couenant which we have made with him, Ezek. 11. 20.

Fourthly, in that it is said, Which brought thee out of Egypt, we must obey in regard of his mercy and goodnesse towards, vs, Psal. 116. 12.

48. *Quest.* How are these Commandements divided?

Ans. Into two Tables, in the first whereof, in foure Commandements, is taught  
how

## of a Christian.

how we ought to behaue our selues towards  
our God.

The second, in the fife last Commande-  
ments, teacheth vs what duties we owe  
vnto our Neighbours.

49. *Quest.* What doth God require of vs  
in the first Commandement? *Thou shalt haue  
none other Gods but me.*

*Ans.* First, I am forbidden all inward  
Idolatrie, to set vp any Idoll in mine heart,  
in giuing any part of Gods worship vnto it,  
Isai. 42.8.

Secondly, we are commanded to wor-  
ship the Lord our God, and him onely must  
we serue, Mat. 4. 10.

50. *Quest.* Wherein consisteth the inward  
and spirituall worship of God?

*Ans.* Chiefly in these foure things:  
First, in learning to know him aright,  
Iohn 17.3.

Secondly, to beleue in him, Iohn, 14.1.  
out of which floweth Prayer for what we  
want, and thankfulness for what we haue  
receined, Psal. 50.14.

Thirdly, in louing him aboue all, Deut. 6.  
3. Mar. 10.37.

Fourthly, in fearing him aboue all, Mat.  
1.6. Luk 12.15.

51. *Quest.* What is required of vs in the  
second

## The first Principles

second Commandement? *Thou shalt not make to thy selfe any graven Image, &c.*

Ans. First, we are forbidden to make any Image to represent God, De. 4. 15. & 6. 11. 4. 21.

Secondly, wee may not make the Image of any Creature, to give diuine worship vnto it, Ier. 2. 17. Acts 7. 41.

Thirdly, I am commanded to worship God as hee hath prescribed in his Will, Mat. 15. 9.

52. *Quest.* What is required of vs in this Commandement? *Thou shalt not take the name of the Lord thy God in vaine?*

Ans. First, we are forbidden to abuse the glorious Name of God any manner of way: as,

1. In Coniuring, Deut. 18. 11.
2. In cursing, Rom. 12. 14.
3. In periury, Leu. 19. 12. Zac. 1. 4.
4. In idle and vaine swearing, Mat. 5. 34.

Secondly, wee are commanded to vse the holy Name of God with reverence, and honour, Deut. 28. 58. as,

1. In giuing praise vnto it, Ps. 118. 28. 39.
2. Thankes, Phil. 4. 6.
3. Praying vnto it, Psal. 50. 15.
4. In religious swearing by it, Ilay. 45. 23.

53. *Quest.* What doth God require of vs in the fourth Commandement? *Remember*

*that*

of a Christian.

that thou keepe holy the Sabbath day, &c.

Ans. First, we are commanded to give rest unto our body, and therefore it is called the Sabbath, Deut. 5. 14.

Secondly, to doe such *Workes* whereby the Sabbath is Sanctified; as,

1 In diligent frequenting the publike Assemblies of the Church, Psalmc 68. 26. Acts 2. 42.

2 In reverend hearing the Word, Acts, 13. 44.

3 In receiving the Sacraments, Act. 3. 46.

4 In praying publikely and privatly, Acts 16. 13.

5 And ingiving to the poore, 1 Cor. 16. 2.

Thirdly, I am forbidden to doe the honest and laborious *workes* of my Calling, Exod. 16. 23. saving in case of necessitie, Luke 13. 15.

Fourthly, all unskill actions and exercises tending to sinne, as drunkenness, dancing, balliance, and the like, Rom. 13. 13. 14. Ephel. 5. 10. 11.

54. *Quest.* What persons are bound to keepe holy the Sabbath.

Ans. First, all, thou, thy sonne, thy daughter, thy man servant, thy maid servant, all of every condition, Exod. 20. 10.

Secondly, all Fathers of Families and  
99a,

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Magistrates are intreated to take care, that all which doe liue vnder them, doe sanctifie it vnto the Lord, Nehem. 13. 17.

55. *Quest.* What doth God require of vs in the fift Commandement? *Honour thy Father and thy Mother. &c.*

Ans. First, wee are commanded to loue, feare and obey all our Superiours, cheifly our naturall Parents, Ephes. 6. 2.

Secondly, all Magistrates Rom. 13. 1. 5.

Thirdly, Our spirituall Pastors, 1 Thes. 5. 12. Heb. 13. 17.

Fourthly, our Pastors, Col. 3. 22.

Fiftly, our godly Elders, Isa. 3. 5. 1 Tim. 5. 1. 2.

Secondly, wee are forbidden to hate, despise, or disobey them, either in thought, word or deed, Prou. 20. 10. Rom. 13. 2.

56. *Quest.* What doth God require of vs in the sixt Commandement? *Thou shalt not kill.*

Ans. First, I am forbidden to preiudice the life of my Neighbour.

First, by actuall murder, Genes. 9. 5. 6. Mat. 5. 52.

Secondly, by malice, 1 Iohn 3. 15.

Thirdly, by mocking, quarrelling, or any other way to prouoke anger, 2 Sam. 16. 7. Mat. 26. 22.

Secondly, I am commanded to p[re]serue his  
his



of a Christian.

his life: First, by defending him, Exo. 2. 12.

Secondly, by louing him, Ephes. 5. 2.

Thirdly, by vsing all louing behauiour towards him, 4. 32.

57. *Quest.* What doth God require of vs in the seuenth Commandement? *Thou shalt not commit Adultery.*

Ans. God forbiddeth all uncleannesse in the flesh, as first, all defiling the body by actuall Whoredome, Heb. 13. 4. Leuit. 18. 20.

Secondly, all vncleane lusts of the heart, Ephes. 5. 28.

Thirdly, all vncleane behauiour, either in word or deed, whereby either we our selues or others might be inticed, Ephes. 4. 29. Ephes. 5. 3.

Secondly, we are commanded to keepe cleane bodies, 1 Cor. 6. 19.

Secondly, chaste hearts, 1 Thes. 4. 3. 4.

Thirdly, chaste behauiour in word and gesture.

58. *Quest.* What is required of vs in the eight Commandement? *Thou shalt not steale.*

Ans. First, we are forbidden to wrong our Neighbour in his Goods First, by actuall stealing, Lev. 19. 11. Ephes. 4. 28.

Secondly, by conetousness, Ephes. 5. 5. Col. 3. 5.

Thirdly,

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Thirdly, by all unlawfull getting from him, as,

first, by false Weights and Measures, Deut. 25. 13.

Secondly, by Usury, Deuteron. 23. 19. Psal. 15. 5. 23.

Thirdly, by any uniuert meanes, 1 The. 4. 6.

Secondly, we are commanded to labour, that so, first, we may eate out of our bread, 2 The. 3. 10.

Secondly, that we may be able to doe good vnto others, especially to the poore Saints, Gal. 6. 10. both by hospitality, Hebrew. 13. 2. and almes deedes, Heb. 13. 16.

59. *Quest.* What doth God require of vs in the ninth Commandement? *Thou shalt not beare false Wiennesse against thy Neighbour.*

*Ans.* first, we are forbidden to speake falsly in witnesse bearing, Exod. 23. 1. Deut. 19. 18.

Secondly, to backbite or slander any, Psal. 13. 3.

Thirdly, to lye, flatter or dissemble, Psal. 12. 3. Iohn. 8. 44. Ephel. 4. 25.

Secondly, we are commanded in all things to speake and maintaine truth, Psal. 15. 2. as,

first in bearing witnesse, Zach. 8. 16.

Secondly,

25 of a Christian.

Secondly, in plainly repoyning our Brethren, Leuit. 19. 17

Thirdly, In defending his good Name, 1 Sam. 19. 4. 5. 1 Pet. 4. 8.

60. *Quest.* What doth God require of vs in the tenth Commandement? *I thou shalt not covet thy Neighbour's house, thou shalt not covet thy, &c.*

*Ans.* First, we are forbidden to give way to the least motion of unchristianly desire, concerning that which is our Neighbour's, Jer. 4. 14.

Secondly, we are commanded to entertaine and nourish in our soules, all holy and heavenly motions, Rom. 7. 23. Col. 3. 2.

61. *Quest.* Are any of Gods Children able to keepe these Commandements perfectly?

*Ans.* No: First because we sinne, the best of us in many things, Psal. 19. 13. 1am. 3. 2.

Secondly, because our best works are sanour of the flesh, and are defecate, Isa. 64. 6. Gal. 5. 17.

62. *Quest.* How shall wee then shunne the curse of the Law, and eternall damnation?

*Ans.* By Faith in Christ, 1 Cor. 1. 30. 2. Cor. 5. 21.

63. *Quest.* Of Faith and Workes we haue hitherto heard, it remaineth that you shew now by what means we may grow in them.

*Ans.*

## The first Principles

Ans. By using all holy exercises, especially these foure

First, by hearing and reading the Word of God, Plal. 119.9. 1 Pet. 2. 2.

Secondly, by mutuall conference, 1 Thel. 5. 1.

Thirdly, by receiuing the Sacraments, Acts, 2. 42.

Fourthly, by earnest prayer unto God, for the increase of his Grace, Luke 11. 13. James 1. 5.

64. *Quest.* First then, what is the Word of God?

Ans. All that Doctrine deliuered in the Scriptures of the old and new Testament.

65. *Quest.* How doe you know it to bee the Word of God?

Ans. Because it was deliuered and written by diuine inspiration, 2. Tim. 3. 16. 2 Pet. 1. 21.

66. *Quest.* How doe you know that every part of the Scripture was deliuered by diuine inspiration, and so is indeed the Word of God?

Ans. By many firme Arguments: but especially five:

First, by the inward testimony of the holy Ghost in mans stone heart, 1 Iohn 2. 27. 2. Cor. 2. 15.

Secondly,

of a Christian?

Secondly, by the wonderfull spaciety  
of the Scriptures, 1. Cor. 2. 14. belivered  
yet in great simplicity.

Thirdly, by the mighty power of it, in  
converting soules, Psalme 19. 7. 2. Cor. 10.

Fourthly, by the matter, which alto-  
gether savoureth of heavenly wisdom.

Lastly, by the continuall consent of all  
the Scriptures, being written by so many in  
time so different.

67. *Quest.* You say that receiving the Sa-  
crament, is one meanes of your spirituall  
groweth: what is therefore a Sacrament?

*Ans.* A Sacrament is a visible signe of  
invisible grace, Gen. 17. 11.

68. *Quest.* What are the ends why God did  
ordaine Sacraments vnto his Church?

*Ans.* Three: but especially these:

First, to be badges of our Christian pro-  
fession.

Secondly, to be signes to set out to our  
sences the promises of God, Gene, 17. 11.

Thirdly, to be as scales to confirme the  
truth thereof vnto vs, Rom. 4. 11.

Fourthly, to be meanes to convey vnto  
vs, inward and spirituall graces, where  
there is faith to apprehend them, 1. Cor.  
16. 16.

## The first Principles

Lastly, to be an effectual meanes of the increase of Faith and Piety in our hearts, Acts, 1. 46.

69. *Quest.* Who doe make the right vse of the Sacraments?

Ans. They which are daily confirmed thereby, in Faith and newnesse of life, Acts, 2. 42.

70. *Quest.* How many sorts of Sacraments are there?

Ans. Two sorts; One of the Old Testament, to assure vs, that Christ should come.

Another sort of the New Testament, to assure vs, that Christ is already come.

71. *Quest.* What is a Sacrament of the New Testament?

Ans. It is an outward signe ordained of God, to assure vs, that Christ and all his benefits are made ours, Luke, 22. 19. 1 Cor. 11. 24.

72. *Quest.* How many Sacraments hath Christ ordained in his Church?

Ans. Two onely, Baptisme, and the Lords Supper, 1 Cor. 10. 1, 2, 3.

73. *Quest.* What is Baptisme?

Ans. Baptisme is a Sacrament of our new and spirituall birth, Tit. 3. 5. wherein by the outward washing of Water, we are taught

of a Christian.

tought and assured, that our soules are washed  
from all our sinnes in Christs blood, Act.  
23.8.1. Iohn 1.7.

74. *Quest.* Why are Infants baptized, see-  
ing they doe not yet actually beleene?

Ans. Because the Covenant and Promi-  
ses of God, doe beleng vnto them, Gen. 17.7.  
Acts 2.38.39.

75. *Quest.* Seeing wee are baptized, onely  
in Infancy, how hath Baptisme effect to wash  
away sinnes afterward committed?

Ans. Baptisme hath this effect during our  
whole life, and is a perpetuall fountaine of  
our washing vs, Zach. 12.1. while we with  
a lively faith doe looke vnto the shedding of  
Christs blood, Heb. 10.10, 14.

76. *Quest.* What is the Lord Supper?

Ans. It is a Sacrament, wherein by re-  
ceiuing Bread and Wine consecrated by the  
Word of God, he doth truly offer vnto vs,  
and we doe really receiue the body and blood  
of Christ, 1 Cor. 10.16.

77. *Quest.* Which are the outward signes  
in the Lord Supper?

Ans. Bread and Wine, Mat. 26.26, 27.

78. *Quest.* Which is the inuifible grace?

Ans. The Body and Blood of Christ,  
Iuk. 2.21.

79. *Quest.* What doth God teach vs in.

## The first Principles

appointing Bread and Wine, bodily food, to bee outward signes of the Body and Bloud of Christ?

Ans. Three things: first, that Christ is the true and lively food of our soules, being Sacramentally apprehended by Faith, when by our spirituall life is supposed Iohn 6. 32. 33. 34.

Secondly, that all the merits of Christs Passion, and whatsoever is in him, is verily become ours. Rom. 8. 32.

Thirdly, hereby wee are taught the manner of our spirituall union with Christ, that he is inseparably conioyned with vs, and wee with him, Iohn 6. 56. Iohn 15. 4.

80. *Quest.* What is meant by the words of Institution? *Take, eat, this is my body: and drinke yee all of this, this is my bloud of the New Testament, which is shed for many?*

Ans. In that Christ saith, *Take*, he teacheth vs, that he is become ours, 1. Cor. 1. 30.

Secondly, in that he saith, *Eat, Drinke*, he teacheth vs, that he is become one with vs, 1. Cor. 10. 17.

Thirdly, in that he saith, *Which is given for you, Which is shed for you*, that both these are not so much his as ours, and that he tooke them by, and laid him downe for vs

and



of a Christian.

and our saluation, Iohn 10. 11. 1. Tim. 2. 6.

Lastly, wee are taught that the right vse of the Sacrament consisteth of those actions, and that therefore elevation, reservation, circumgesation, and adoration of the Sacrament in Popery is no part of Christs ordinance.

81. *Quest.* By what meanes doe wee eate Christs Body, and drinke his Bloud in the Sacrament?

*Ans.* Spiritually by faith, Ioh. 6. 35. 47. while in these outward signes we doe behold Christ crucified for vs.

82. *Quest.* Doe the wicked and vnbelievers eate Christs Body, and drinke his Bloud in the Sacrament?

*Ans.* No: because they want faith.

83. *Quest.* Is the Bread turned into Christs Body, and the Wine into his Bloud in the Sacrament?

*Ans.* No: for so, first, the vnbelievers should eate Christs Body, and drinke his Blood.

Secondly, wee should destroy the nature of the Sacrament, by taking away the outward signe.

Thirdly, wee should destroy the truth of his naturall body, by depriuing it of the true proprietie thereof, Heb. 1. 17.

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84. *Quest.* What vnion is there of the outward signes with the thing signified?

Ans. Onely a Sacramentall Vnion, whereby Christ is so present in our Sacraments, as he was in the Ceremonies and Sacraments of the Law. 1. Cor. 10. 3.

85. *Quest.* What change then is there in the outward signe?

Ans. No change in there nature, but onely in vse, for that Elements before common, are now consecrated to bee signes of things spiritmall and holy in regard whereof they are holy, 2. Sam. 21. 4.

86. *Quest.* What must wee doe for our preparation before wee come to receiue the Sacrament?

Ans. Examine our selues 1. Cor. 11. 28.

87. *Q.* Why must we examine our selues?

Ans. For two causes: first, because the vnworthy receiuer is guilty of the body and blood of Christ. 1 Cor. 11. 27.

Secondly, because he prouoketh God to wrath, and so eateth, and so drinketh his owne damnation. 1 Cor. 11. 29.

88. *Quest.* Who are they that receiue unworthily?

Ans. All they which come irreuerently without Faith and Repentance renewed, 1. I. 3. 15. Tit. 1. 15.

89. *Quest*

of a Christian?

89. *Quest.* Are all Christians to receive the Lords supper.

*Ans.* No: onely such are to receive who both can and doe diligently examine and approve themselves. 1 Cor. 11. 28.

90. *Quest.* Wherein are we to examine our selves?

*Ans.* In foure things: first, whether we know the true sense and meaning of this Sacrament, Prou. 19. 2.

Secondly, whether wee have a true and lively faith, 2 Cor. 13. 5.

Thirdly, whether wee find true Repen-  
tance in our hearts, Ilay, 1. 16.

Lastly, whether wee be in love and chari-  
tie with all men. Mat. 5. 23. 24.

91. *Quest.* You said, that Prayer is one  
meanes of our spirituall growth, what things  
are requisite in Prayer?

*Ans.* Many: as namely first, that wee  
pray unto God through Christ, Iohn 16. 24.

Secondly, with assurance through faith  
to be heard, Marke 11. 24. Iames 1. 6.

Thirdly, that our prayers doe flow from  
the heart, and be fervent, 1 Corinth. 14. 15.  
Iames. 5. 16.

Fourthly, that wee be in charity when  
we pray, Mat. 11. 25. 1 Tim. 2. 8.

Fiftly, that we leave sinne, and indeavour  
to

## The first Principles

to live according to Gods will, Psal. 66. 18.  
John, 19. 31. John 3. 22.

Firstly, that we saint not in prayer, but  
continue in the exercise thereof, Luke 18. 1.  
Col. 4. 2.

Finally, that our prayers must be framed  
According to Gods will, 1. John 5. 14.

92. *Quest.* When are our prayers framed  
according to Gods will?

Ans. When they are made according to  
the Prayer which our Lord Jesus Christ  
hath prescribed as a rule to frame our pray-  
ers thereby, Mat. 6. 9.

93. *Quest.* Rehearse the Lords Prayer.

Ans. Our Father which art in Heaven,  
hallowed be thy Name: Thy Kingdom  
come: Thy will be done in Earth as it is  
in Heaven: Give us this day our daily  
bread: and forgive us our trespasses, as we  
forgive them that trespass against us: And  
lead us not into temptation: But deliver  
us from evil: For thine is the Kingdom,  
power and glory for ever, Amen.

94. *Quest.* How many things are princi-  
pally to be observed in the Lords Prayer?

Ans. Three: First, what name wee are  
taught to give unto our God to whom wee  
make our prayers, *Our Father which art in  
heaven.*

Secondly

of a Christian.

Secondly, the summe of that wee pray for, contained in the first Petitions.

Thirdly a conclusion, giuing vs assurance that we shall haue what we aske, *For thine is the Kingdome, Power and Glory.*

95. *Q.* What comfort doe you conceiue in the name you are taught to giue vnto God?

Ans. First, in that we are taught to call God our Father, we learne that hee loneth vs and is tenderly affected vnto vs, and so will giue what we aske, Mat. 7. 9. 10. 11.

Secondly, in that he is heavenly; wee learne his all-sufficiency, that hee is able to furnish vs with all things necessary, Gen. 17. 1. Rom. 10. 12.

96. *Quest.* How many things doe the sixe Petitions containe?

Ans. Two: First, things concerning Gods glory, contained in the thre first Petitions, whereby wee are taught first and principally in our desires to seeke and sue for the advancement, thereof, Mat. 6, 33.

Secondly, things concerning our owne necessities, contained in the thre last, whereby we are taught in a second place to respect our owne wants, and the supplying thereof.

97. *Quest.* What doe you aske of God in the first Petition, *Hallowed be thy name?*

Ans.

## The first Principles

Ans. First, that he so direct vs all, that wee might haue in high reuerence his glorious Pauietie, Omnipotency, Wiſedome, Mercie, Goodneſſe and Truth, Shewed in his Word, and Shining in his Creatures, Pſal. 19. 2. Pſal. 71. 8. ſer. 9. 24.

Secondly, that his glorious Name may neuer be diſhonoied by vs, either in thought, word, or deed, Leuiticus 22. 31. 32. Pro. 3. 9. Rom. 2. 24.

98. *Queſt.* What doe you ſue for in the ſecond Petition, *Thy kingdome come?*

Ans. First, that God would reigne daily more and more in vs by his holy Word and Spirit. Luk. 17. 21. Rom. 14. 17. 2 Cor. 10. 5.

Secondly, that the Lord would weaken the power of Satan, Rom. 16. 20. 1 Ioh. 3. 1. and of all the wicked which fight for him, Iudg. 1. 31. Pſal. 24. 5. Pſal. 21. 12. 13.

Thirdly, that hee would ſiniſh theſe dayes of ſinne, and receiue vs into glory, Reu. 22. 20.

99. *Queſt.* What doe you aſke in the third petition, *Thy will be done in earth, as it is in heauen?*

Ans. First, That we renouncing our ſturdie corrupt wills and affections, Matth. 16. 24. may obey the holy will of God, Luke 22. 42.

Secondly, that this obedience may bee perſoymed

of a Christian.

performed of vs all, faithfully, cheerefully, and perfectly, as it is of all Angels in Heauen. Psal. 103. 20. 21.

100. *Quest.* What doe you pray for in the fourth petition, *Giue vs this day our daily bread?*

Ans. That God would giue vs food and rayment, and all things needfull for this life, Pro. 30. 8. Psal. 104. 27. Psal. 145. 15.

Secondly, that hee would sanctifie vnto vs his Creatures for our vse, that they might be wholesome and comfortable, Deut. 8. 3. 1 Tim. 4. 1.

Thirdly, that as every day we shall haue wants, so the Lord would daily by his providence supply the same, Mat. 6. 34. Heb. 13. 5. 6.

101. *Quest.* What doe you pray for in the fifth petition, *Forgiue vs our trespasses as wee forgiue them that trespass against vs.*

A. First, that God would for Christs sake forgiue all our sins, Psal. 51. 1. 9. Ephes. 4. 22.

Secondly, that we make be directed by him to forgiue one another, Luk. 7. 3. 4.

102. *Quest.* What doe you learne out of these words?

Ans. foure things: first, that all men are sinners, Eccl. 7. 22.

Secondly, that we must seeke for remission of sinnes, Mar. 1. 8. 16. Luk. 18. 13. for we cannot

## The first Principles

cannot satisfie, Iob 9.3. Mat, 18. 25.

Thirdly, none can forgive sins but God, Iob. 34. 31. Luk. 5. 21. 24.

Fourthly, to the malicious man there is no forgiveness, Mat 6. 15.

103. *Quest.* What doe you pray for in the first petition, *And lead vs not into temptation, but deliver vs from euill?*

Ans. First, we pray that our hearts may be so established by grace, that we may be able to resist all temptations, 1 Cor. 12. 9. Ephes. 13.

Secondly, that we may be delivered from that euill one the diuell, and from every present, or future euill thing, whether it be fault or punishment.

104. *Quest.* What is imported by the conclusion, *For thine is the Kingdome, Power and glory for ever?*

A. First, that all power and government is eternally invested in the person of God alone, and in none other, and that therefore he is able to grant what we aske, and no creature can resist him, Ephes. 1. 11. Ephes. 3. 20.

Secondly, that all glory belongeth unto him, and therefore hee will grant all these things, so that thereby hee is glorified both



of a Christian.

himselfe, and in all his Saints, Ier. 33. 9.  
John 14. 13.

Ques. What meaneth this Word,  
men?

Ans. So be it, or so it shall be: whereby  
we shew two things:

first, a fervent desire to have what I  
say for, Dan. 9. 19.

Secondly, an assurance that I shall have  
what I aske, 1. Iohn. 5. 15.

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FINIS.

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A Prayer to be sayd by Children  
in the Morning.

**M**ost gracious God and most louing fa-  
ther in Christ Iesus, wee giue thee most  
humble and hearty thanks for all thy bless-  
ings so graciously bestowed vpon vs, for pre-  
seruing vs safe both in body and soule vntill  
this day: good Lord forgive vs all our sinnes,  
and continue thy wonted fauours vnto vs  
giue vs all things needfull both for our bodies  
and soules, especially good Father grant that  
our hearts may be so truely seasoned and esta-  
blished with grace, that as wee doe grow in  
yeares, so we may also grow vp in Christ Je-  
sus in the true knowledge of thee, in Faith,  
and in all Spirituall and heauenly blessings,  
that we seruing thee in holinesse and righte-  
ousnesse all the dayes of our liues, wee may be  
kept by thy mighty power vnto saluation,  
through Iesus Christ: In whose Name wee  
pray as he hath taught vs: Our Father which  
art in Heauen, hallowed be thy Name, &c.

A Prayer fit for Children to say  
in the Euening.

**O** Lord G D D, most gracious and mercifull, we giue thee most hearty thanks for the keeping vs safe this day past from all dangers : pardon whatsoeuer hath bene done amisse : as we fall by sinne so let vs arise againe by true Repentance, and keepe this night safe as the apple of thine eye, giue vs quiet and comfortable rest, that being refreshed thereby, we may be the better enabled to thy seruice the day following, and so throughe our whole liues : and grant, that although our bodies sleepe, yet our soules may euer watch, looking alwayes for the coming of our Lord and Sauour Iesus Christ, that when hee shall appeare, we may also appeare with him in Glorie. Our Father which art in Heauen, &c.

## Graces

### *Graces before meate*

**O** Lord most gracious, which hast giuen  
foode for our bodies sanctifie it vnto vs,  
and vs vnto thy selfe, and grant that by the  
moderate vse thereof we may bee the better  
enabled to serue thee in all holy and Christian  
obedience, through Iesus Christ our Lord.  
*Amen.*

### *Graces after meate.*

**VV**EE praise and magnifie thy Name,  
O Lord, for all thy good blessings;  
namely, for feeding our mortall bodies with  
materiall food: feed our soules euer with that  
Bread of life which came downe from Hea-  
uen, that wee may liue for euer through Iesus  
Christ our Lord. *Amen.*

God saue the Church, our King, Queene  
Prince, and Realmes, increase our Faith, forgive  
vs, our finnes, and make vs partakers of his  
heauenly Kingdome. *Amen.*

**FINIS.**

